

## BEACONSFIELD PRIMARY CANTEEN MENU

**OPEN WEDNESDAY AND FRIDAY** 

Ordering on-line is available through QKR

HEARTY HOT FOOD		
Lasagne 97% fat free	\$6.10	$\odot\odot\odot$
Macaroni Cheese 97% fat free	\$6.10	©©© <b>V</b>
Pizza - Margherita	\$5.00	$\odot \odot$
Dim Sims Steamed	\$1.50	$\odot\odot\odot$
Potato Cake - recess only Term 2&3	\$1.50	$\odot \odot$
Hot Noodles Chicken or Beef	\$3.50	$\odot \odot$
Chicken crumbed tender	\$2.70	©©GF
Hot Dog	\$4.50	$\odot \odot$
Beef Cheese Burger, Lettuce and Sauce	\$6.30	©©© <b>H</b>
Chicken & Cheese Burger, Lettuce and May	\$6.30	©©© <b>H</b>
Gluten Free Hot Dog (no roll)	\$3.00	©©GF
Chicken Breast Nugget - Bag of 3	\$3.60	⊕⊕H
Chicken Breast Nugget - Bag of 6	\$6.00	
Lite N Up Beef Pie	\$5.80	©© <b>H</b>
Lite N Up Sausage Roll	\$5.00	©©H
Lite N Up Snack Party Pie	\$1.50	©©H

## All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES			
Baked Bean and Cheese	\$4.50	©©© V	
Spaghetti	\$4.00	©©© V	
Cheese	\$4.00	©©© <b>V</b>	
Ham and Cheese	\$5.00	$\odot \odot \odot$	

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SPECIAL SNACKS		
Popcorn Butter		©©GF
Piranha Snaps - Light \$ Tangy Salsa	\$2.00	©©GFH
Chips Honey/Soy and Salt Vinegar	\$2.00	$\odot \odot$
Choc Chip Cookies	\$3.00	$\odot \odot$
Gingerbread	\$2.50	$\odot \odot$
Ovalteenies	\$1.40	<b>©</b> ©
Homemade Mini Muffin	\$1.20	$\odot\odot$
Fruit Salad Cup	\$2.30	©©©GF
Sun Fruits	\$1.20	$\odot \odot$

$\odot\odot\odot$	Every Day Foods
$\odot \odot$	Select Carefully foods
V	Denotes Vegetarian
GF	Denotes Gluten Free.

SUPER SANDWICHES AND SALADS			
	Sandwich		
Vegemite	\$2.50	⊚⊚⊚ V	
Cheese	\$2.60	©©© <b>V</b>	
Ham (97% fat free)	\$3.60	$\odot \odot$	
Ham (97% fat free) and Salad	\$5.10	$\odot \odot$	
Ham & Cheese	\$4.50	$\odot \odot$	
Roast Chicken	\$4.50	$\odot \odot \odot$	
Roast Chicken & Salad	\$5.30	$\odot \odot \odot$	
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$4.50	©©© <b>V</b>	
Rolls or Wraps extra	\$0.80		
***All sandwiches on wholemeal bread*** White bread available on request			
FRESH MADE SALAD BO	XES		
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$5.00	⊚⊜⊜GF	
Add Chicken or Ham	\$1.30		

EXTRAS		
Salad Dressing Tub	\$0.50	⊚⊚
Tomato Sauce	\$0.50	⊚⊚
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS		
600ml Water	\$3.15	<b>©</b> © <b>©GF</b>
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.45	©©©GF
100% Fruit Juice 250ml	\$3.35	©© <b>©GF</b>
Apple, Tropical or Blackcurrant		

FROZEN TREATS		
Frozen 100% Juice Tubes		©©© <b>G</b> F
Frozen Skim Milk Tubes Chocolate	\$2.70	©©© <b>G</b> F
Frozen Pineapple or Watermelon	\$0.80	©©© <b>G</b> F
Twisted Frozen Yoghurt Choc/Van or		
Mango/W'Melon/Strawberry	\$3.10	©©©GF
Lemonade IcyPole	\$1.60	$\odot \odot$
Streets Paddle Pop Rainbow	\$2.60	$\odot \odot$

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

PRICES SUBJECT TO CHANGE

**EFFECTIVE JULY 2024** 

IF YOUR CHILD HAS ANY ALLERGIES PLEASE MARK BAG CLEARLY